Should you go to URGENT CARE or the EMERGENCY ROOM?

Call 911 and go to the emergency room for any of the following:

- Uncontrollable bleeding
- Major fractures or burns
- Numbness or paralysis of face, arm or leg
- Sudden slurred speech, visual changes or weakness
- Head injury or sudden severe headache
- Seizure or loss of consciousness
- Acute psychiatric disorders
- Severe shortness of breath
- Persistent chest or abdominal pain or pressure
- Poisoning or suspected overdose
- Vaginal bleeding with pregnancy

Mild asthma  Minor cuts, burns and rashes
Suspected bone fractures  Sprains and strains
Colds, cough and sore throat  Fever
Minor nausea, vomiting and diarrhea  Ear, eye, skin or urinary tract infections
Work or sport injuries  Inability to get a same-day appointment with your primary care physician

Holland Hospital