

## Should you go to **URGENT CARE** or the **EMERGENCY ROOM**?

Mild asthma

Minor cuts, burns and rashes

Suspected bone fractures

Sprains and strains

Colds, cough and sore throat

Fever

Minor nausea, vomiting and diarrhea

Ear, eye, skin or urinary tract infections

Work or sport injuries

Inability to get a same-day appointment with your primary care physician

**Call 911 and go to the emergency room for any of the following:**

- Uncontrollable bleeding
- Major fractures or burns
- Numbness or paralysis of face, arm or leg
- Sudden slurred speech, visual changes or weakness
- Head injury or sudden severe headache
- Seizure or loss of consciousness
- Acute psychiatric disorders
- Severe shortness of breath
- Persistent chest or abdominal pain or pressure
- Poisoning or suspected overdose
- Vaginal bleeding with pregnancy