



## BOVEN BIRTH CENTER



### Holland Hospital Boven Birth Center

602 Michigan Avenue  
Holland, MI 49423  
(616) 394-3316

#### Your LABOR INDUCTION is scheduled on:

Date: \_\_\_\_\_

\_\_\_\_\_

Time: \_\_\_\_\_



## LABOR INDUCTION

Induction of labor is a procedure by which medication is administered to start uterine contractions and the labor process. During this procedure, your physician and nurse will closely monitor your baby's heart rate and your contractions in response to the medication. Please be aware that the induction process often takes many hours before your baby is born.

### Preparing the Day Before

It's helpful to pack your hospital bag and finalize any necessary child care arrangements the day before your induction. The evening before your induction we encourage you to enjoy a normal meal and a restful night of sleep. **The Boven Birth Center charge nurse will call you** to verify your arrival time, review hospital instructions and answer any questions you may have.

### The Day of Admission

Due to the unpredictable nature of activity on the birth center, it is occasionally necessary to delay the time or postpone the day of scheduled inductions. We would only make a change if absolutely necessary and would call you before your scheduled arrival time. We understand that you have made many personal arrangements and we will do our absolute best to keep your schedule as planned.

### Call With Questions

We consider it a privilege to participate in your birth experience. If you have additional questions, please call Boven Birth Center at (616) 394-3316 and talk with the charge nurse. We look forward to celebrating this momentous occasion and welcoming your new baby!

### Where to Park

Please park in the upper level **Yellow Lot** off the main entry drive. Upon entering the hospital, a receptionist will greet you and direct you to the birth center.

