

## Meet the Team

### Physicians



**Thomas Brozovich, DO**  
Kansas City University  
of Medicine and Biosciences  
Residency - Psychiatry

Ages 14+: ADD/ADHD, anxiety, bipolar, depression, OCD, psychotic disorders



**James Dumerauf, MD**  
Sinai Samaritan Med Ctr  
Residency - Psychiatry

Ages 18+: Anxiety disorders, bipolar, depression, psychotic disorders,  
sleep disorders



**Bobga Fomunung, MD**  
University of Michigan Hospitals  
Fellowship - Child & Adolescent  
Psychiatry

Ages 2-17: ADD/ADHD, anxiety, autism spectrum, bipolar, depression, mood  
disorder, OCD, ODD, PTSD, panic, psychotic disorders, sleep disorders



**Phillip Guajardo, MD**  
Medical College of Wisconsin  
Residency - Psychiatry

Ages 18+: ADD/ADHD, anxiety, bipolar, mood disorders, PTSD,  
psychotic disorders,



**Thomas Kuhn, MD**  
University of Michigan  
Residency - Psychiatry

Ages 18+: Anxiety, bipolar, depression, psychotic disorders



**Jillian Lankford, MD**  
Medical Director  
University of Michigan  
Residency - Psychiatry

Ages 18+: Anxiety, bipolar, depression, psychotic disorders



**Meagan Maas, MD, MPH**  
Rush University Medical Center  
Fellowship – Child & Adolescent  
Psychiatry

Ages 3-25: ADD/ADHD, anxiety, autism spectrum, bipolar, depression,  
LGBTQIA+ issues, ODD, psychotic disorders, sleep disorders,  
stressor-related disorders, trauma



**Daniel Tuinstra, MD**  
Michigan State University of  
Human Medicine  
Fellowship - Psychiatry, Addiction

Ages 18+: Anxiety, bipolar, depression, psychotic disorders, substance use

## Nurse Practitioners



**Cherie Hull, PMHNP**  
Wayne State University  
MSN

Ages 18+: Anxiety, bipolar, depression, mood disorders, psychotic disorders



**Cory Meeuwse, PMHNP**  
Indiana Wesleyan University  
MSN

Ages: 18+: Anxiety, bipolar, depression, psychotic disorders, ADD/ADHD



**Barbara Van Der Male, PMHNP**  
Michigan State University  
MSN

Ages 18+: Anxiety, bipolar, depression, psychotic disorders, geriatric, borderline

## Therapists



**Chris Alphenaar, LPC, CAADC**  
Western Michigan University  
MA - Counseling Psychology

Ages 12+: Adjustment, anxiety, DBT, depression, mental health for athletes, LGBTQIA+ issues, mood disorders, substance use, trauma



**Stephanie Banks, LLMSW, CAADC**  
University of South Florida  
MSW - Social Work

Ages: 15+: ADD/ADHD, adjustment, anxiety, couples issues, DBT, depression, grief/loss, LGBTQIA+ issues, OCD, perfectionism, PTSD, stress, substance abuse, relationship issues, trauma



**Jennifer Barabas, LMSW**  
Grand Valley State University  
MSW - Social Work

Ages 18+: Anxiety, autism spectrum disorders, depression, intellectual disabilities, PTSD, relational issues, sexual abuse, trauma



**Sue Blaine, LMSW**  
Western Michigan University  
MSW - Social Work

Ages 2+: ADD/ADHD, anxiety, attachment issues, autism spectrum disorders, behavioral issues, creative expression, depression, grief and loss, parenting, trauma, women's issues



**Mark Bombara, MA, LLP, LMSW, CAADC**  
Western Michigan University  
MA - Counseling Psychology

18+: ADD/ADHD, anxiety, bipolar, depression, gambling, grief, personality disorders, relationship issues, stress, substance use

## Therapists (continued)



**Alicia Cadena, LMSW**  
Western Michigan University  
MSW - Social Work

Ages: 16+: ADD/ADHD, adjustment, anxiety, depression, LGBTQIA+ issues, sex therapy, trauma/PTSD, and those dealing with minority stress



**McKinsey Doolaard, LMSW**  
Grand Valley State University  
MSW - Social Work

Ages: 17+: Adjustment, anxiety, co-occurring disorders, depression, grief and loss, mood disorders, spiritual issues/support, stress management, substance use disorders, trauma



**Jeff Carroll, PhD**  
St. Louis University  
School of Medicine  
Fellowship - Behavioral Medicine

Ages 18+: ADD/ADHD, adjustment issues, cancer, depression, family, geriatric, grief, marital, men's development issues, perfectionism issues, personality disorders, relational/attachment issues, stress, psychological testing



**Elizabeth DelReal, LMSW, CAADC**  
Western Michigan University  
MSW - Social Work

Ages 16+: Anxiety, co-occurring, depression, PTSD, relationship issues, substance use, geriatric



**Heather Holt, LMSW**  
Grand Valley State University  
MSW - Social Work

Ages 18-60: Adjustment disorders, adoption/foster care issues, anxiety, depression, family issues, LGBTQIA+ issues, PTSD, spiritual trauma, trauma



**Michael Jansen, PhD**  
Western Michigan University  
PhD - Counseling Psychology

All ages: : ADD/ADHD, adjustment disorders, attachment, family, relational issues, anxiety, autism spectrum disorders, behavioral issues, depression, grief, LGBTQIA+ issues, OCD, perfectionism, psychological testing, stress, trauma



**Michael Luce, LMSW**  
Western Michigan University  
MSW - Social Work

Ages 18+: Depression and other mood-related disorders, general anxiety, insomnia, social anxiety, panic disorders



**Alicia Mannes, MA, LPC, LMFT**  
Central Michigan University  
MA - Professional Counseling

Ages 18+: Anxiety, depression, DBT, grief, LGBTQIA+, lifestyle medicine, pre-marital and couples counseling, self-harm, spiritual issues, trauma, women's issues



**Kayla Rotman, LMSW**  
Grand Valley State University  
MSW - Social Work

Ages: 12+: Adjustment disorders, anxiety, behavioral problems, depression, PTSD, trauma

## Therapists *(continued)*



**Brenna Vernocke, LMSW**  
**Grand Valley State University**  
MSW - Social Work

All ages: Adjustment disorders, anxiety, ADD/ADHD, depression, behavioral problems, postpartum depression, perinatal mood disorders, sexual abuse, PTSD, trauma



**Frank Wamsley, LMSW**  
**University of Cincinnati**  
MSW - Social Work, Children  
& Families

Ages 5-25: ADD/ADHD, adjustment issues, anger management, anxiety, behavioral problems, DBT, depression, developmental disabilities, LGBTQIA+ support, parenting support, PTSD, relationship issues, school problems, stress management, trauma



**Staci Wolters, LMSW**  
**Grand Valley State University**  
MSW - Social Work

Ages 18+: Anxiety, depression, ADD/ADHD, adjustment disorders, behavioral problems, PTSD, trauma and relationship issues, geriatric

For additional copies of this referral guide, please contact (616) 355-3926

**HOLLAND HOSPITAL BEHAVIORAL HEALTH SERVICES**

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