

Reflux Symptom Index

Within the last **month**, how did the following problems affect you?

(0-5 rating scale with 0 = No problem and 5 = Severe problem)

		0	1	2	3	4	5
1	Hoarseness or a problem with your voice						
2	Clearing your throat						
3	Excess throat mucous or postnasal drip						
4	Difficulty swallowing food, liquids or pills						
5	Coughing after you ate or after lying down						
6	Breathing difficulties or choking episodes						
7	Troublesome or annoying cough						
8	Sensations of something sticking in your throat						
9	Heartburn, chest pain, indigestion or stomach acid coming up						
	TOTAL						