



BOVEN BIRTH  
CENTER

# Boven Birth Center

Where New Life Begins





## Expect the Best

The journey to becoming a parent is filled with many decisions—including where you'll give birth to your baby. Holland Hospital is the Lakeshore leader in health care quality and value. Our ongoing commitment to excellence is demonstrated in physician expertise, the highest standards of patient-centered care and numerous quality awards and certifications. This commitment to excellence places Holland Hospital among the top 2 percent of all hospitals in the nation.

As you plan for your baby's birth, discover for yourself just why nearly 1,500 families each year choose Boven Birth Center.

## Your Birth Experience

No experience is more personal than giving birth, and we consider it an honor and privilege to participate in your birth experience.

From the moment you arrive at Boven Birth Center until you take your baby home, we're completely focused on you and your family's needs. Our dedicated nurses provide excellent care combined with experience and compassion to support you throughout your birthing experience.

We encourage you to discuss your labor and delivery plans with your OB provider during your prenatal visits so that you can decide what's right for you and your baby. Just know that we will be there, moment by moment, to encourage you and respond to your needs.





## Safe and Secure

While you and your baby are under our care, your health and safety are our top priority. Comprehensive security measures include education for families, enhanced staff training, and technology using an electronic infant protection system.

Our eight-bed Special Care Nursery (SCN) provides an advanced level of care for pre-term babies and those requiring extra monitoring and developmental support before going home. The SCN is staffed around-the-clock by dedicated pediatric hospitalist physicians, neonatal nurse practitioners and registered nurses. In addition, our partnership with Helen DeVos Children's Hospital provides our team with access to more than 100 pediatric specialists, should one be needed.

## Cradled in Comfort

Your Boven Birth Center labor and delivery suite offers the comforts of home along with the latest technology. Each private room has everything needed to experience your entire birthing process— peacefully and comfortably.

After you deliver, we're devoted to making those first few days with your baby meaningful and memorable. If you are breastfeeding your newborn, our board-certified lactation consultants will provide you with the personal attention and support you need for successful breastfeeding. You can also expect a visit from our parent advocate. She will introduce you to a variety of resources available at Holland Hospital and in the community, and discuss any postpartum concerns or challenges you may be experiencing.

To help celebrate baby's arrival, you and your partner or guest will also enjoy a special dinner prepared by the hospital chef.





## Embrace Your New Life

Support, encouragement and clinical services for new parents, including breastfeeding support, rehabilitation services and more, are available during your hospital stay and when you return home. Take advantage of our wide range of resources designed to help during your pregnancy and beyond.

### Healthy Life Programs – (616) 394-3344

Our experienced childbirth educators and lactation consultants are here to help you prepare for childbirth. Go to [hollandhospital.org](http://hollandhospital.org) for class descriptions and to enroll in our prenatal classes: Boven Birth Center Orientation & Tour, Childbirth Education, Breastfeeding Connections, or CPR for Family and Friends.

### Breastfeeding Support – (616) 394-3269

Our team of international board-certified lactation consultants is available seven days a week to help you succeed at breastfeeding.

### Parent Support – (616) 394-3703

During your hospital stay, a parent advocate will visit with you to discuss postpartum challenges. Baby blues is a common occurrence, and we understand the emotional and hormonal changes that happen during pregnancy and birthing. Our team is here to help answer questions and offer support whenever needed.

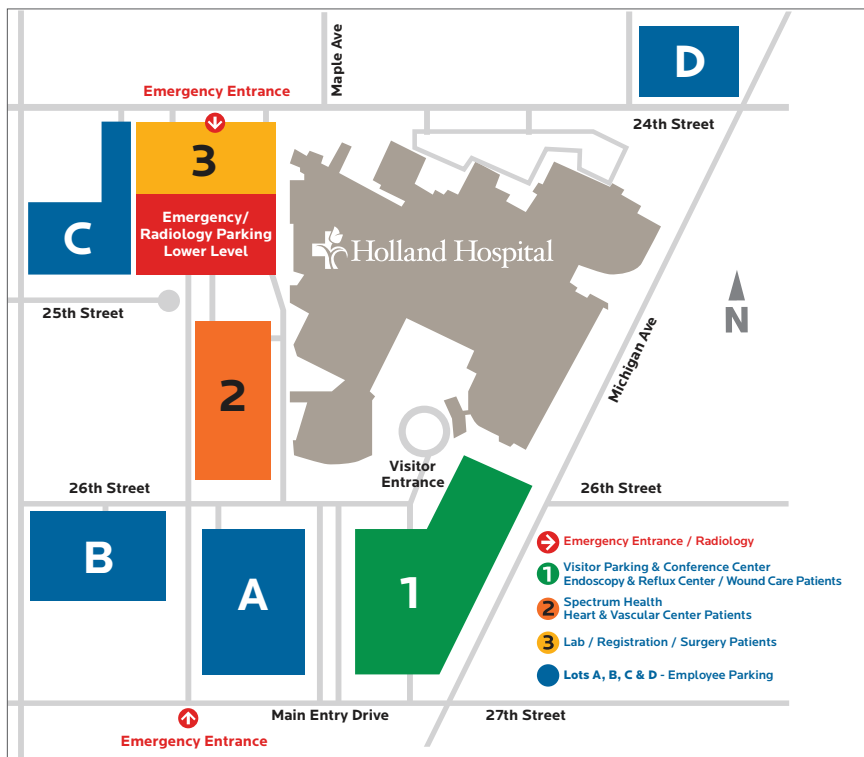
Parent advocates also provide free access to education and developmental tools to help guide you through your child's first 18 months.

### Physical Therapy & Rehab Services – (616) 355-3987

Directed by your physician, we provide care for symptoms like back pain and incontinence, as well as tips on good body mechanics.

### Behavioral Health Services – (616) 355-3926

Whether you are experiencing perinatal mood disorders, relationship concerns or other wellness issues, Holland Hospital provides various therapeutic services to help you and your family adjust to pregnancy and life with your new baby.



602 Michigan Ave | Holland MI 49423 | (616) 392-5141 | [hollandhospital.org](http://hollandhospital.org)

