

Patient Instruction Sheet

2% Chlorhexidine Gluconate Cloths Prep

The packages of cloths that you have received are to be used to clean your skin before you come to the hospital for your surgery. Using these cloths may help to prevent an infection.

You need to complete this procedure **two times**:

1. The evening before surgery and
2. The morning of surgery before you leave home.

The cloths should be used on cool, dry skin. Wait 30-60 minutes after showering or shampooing to use this product; showering immediately before using the cloth may cause skin irritation. You may shower between the two applications, **but not after the second application**.

Your skin may feel “sticky” after using the cloths; do not rinse this product off your skin. Allow it to dry for a few minutes before getting dressed.

Procedure for using the cloths

- 1) Open one multi-pack and throw away the cellophane wrapper.
- 2) Use a scissors to cut off the end to open the 3 packages (there are 2 cloths inside each package, so you should have 6 cloths)
- 3) Wipe your body (neck down) with the cloths as described/pictured on the back of this page:
 - a. Cloth #1 - Wipe your neck and chest. Do **NOT** allow this product to come in contact with your eyes, ears, or mouth.
 - b. Cloth #2 - Wipe both arms (front and back), starting with your shoulders and ending at fingertips. Be sure to wipe under your underarms thoroughly.
 - c. Cloth #3 - Wipe your right and left hips, followed by the groin on each side. Be sure to wipe any folds in your abdominal and groin areas. Do **NOT** allow this product to come in contact with your genital area.
 - d. Cloth #4 - Wipe both legs (front and back), starting at the top of the thighs and ending at the toes. Be sure to thoroughly wipe behind your knees.
 - e. Cloth #5 - Wipe your back starting at the base of your neck and ending at your waist line. Cover as much area as possible. You may need help to clean this area completely.
 - f. Cloth #6 - Wipe the buttocks. Do **NOT** allow this product to come in contact with your genital area.

If you develop a rash or skin irritation while using the cloths, stop the process, rinse your skin, and notify the nurse when you arrive at the hospital. If it is severe, your surgeon should be contacted. Bring any unopened packages with you to the hospital.

If you have any questions or problems regarding the cloths, please call:

Monday – Friday 7:00 AM – 4:00 PM: (616) 394-3775

All other times: (616) 394-3225

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