

Meet the Team

Physicians



Thomas Brozovich, DO
Kansas City University
of Medicine and Biosciences
Residency - Psychiatry

Ages 14+: ADD/ADHD, anxiety, bipolar, depression, OCD, psychotic disorders



James Dumerauf, MD
Sinai Samaritan Med Ctr
Residency - Psychiatry

Ages 18+: Anxiety disorders, bipolar, depression, psychotic disorders,
sleep disorders



Bobga Fomunung, MD
University of Michigan Hospitals
Fellowship - Child & Adolescent
Psychiatry

Ages 2-17: ADD/ADHD, anxiety, autism spectrum, bipolar, depression, mood
disorder, OCD, ODD, PTSD, panic, psychotic disorders, sleep disorders



Phillip Guajardo, MD
Medical College of Wisconsin
Residency - Psychiatry

Ages 18+: ADD/ADHD, anxiety, bipolar, mood disorders, PTSD,
psychotic disorders



Thomas Kuhn, MD
University of Michigan
Residency - Psychiatry

Ages 18+: Anxiety, bipolar, depression, psychotic disorders



Jillian Lankford, MD
Medical Director
University of Michigan
Residency - Psychiatry

Ages 18+: Anxiety, bipolar, depression, psychotic disorders



Daniel Tuinstra, MD
Michigan State University of
Human Medicine
Fellowship - Psychiatry, Addiction

Ages 18+: Anxiety, bipolar, depression, psychotic disorders, substance use

Nurse Practitioners



Cherie Hull, PMHNP
Wayne State University
MSN

Ages 18+: Anxiety, bipolar, depression, mood disorders, psychotic disorders



Cory Meeuwse, PMHNP
Indiana Wesleyan University
MSN

Ages: 18+: Anxiety, bipolar, depression, psychotic disorders, ADD/ADHD



Barbara Van Der Male, PMHNP
Michigan State University
MSN

Ages 18+: Anxiety, bipolar, depression, psychotic disorders, geriatric, borderline

Therapists



Chris Alphenaar, LPC, CAADC
Western Michigan University
MA - Counseling Psychology

Ages 12+: Adjustment, anxiety, DBT, depression, mental health for athletes, LGBTQIA+ issues, mood disorders, substance use, trauma



Stephanie Banks, LMSW, CAADC
University of South Florida
MSW - Social Work

Ages: 15+: ADD/ADHD, adjustment, anxiety, couples issues, DBT, depression, grief/loss, LGBTQIA+ issues, OCD, perfectionism, PTSD, stress, substance abuse, relationship issues, trauma



Jennifer Barabas, LMSW
Grand Valley State University
MSW - Social Work

Ages 18+: Anxiety, autism spectrum disorders, depression, intellectual disabilities, PTSD, relational issues, sexual abuse, trauma



Sue Blaine, LMSW
Western Michigan University
MSW - Social Work

Ages 2+: ADD/ADHD, anxiety, attachment issues, autism spectrum disorders, behavioral issues, creative expression, depression, grief and loss, parenting, trauma, women's issues



Mark Bombara, MA, LLP, LMSW, CAADC
Western Michigan University
MA - Counseling Psychology

18+: ADD/ADHD, anxiety, bipolar, depression, gambling, grief, personality disorders, relationship issues, stress, substance use

Therapists (continued)



Alicia Cadena, LMSW
Western Michigan University
MSW - Social Work

Ages: 16+: ADD/ADHD, adjustment, anxiety, depression, LGBTQIA+ issues, sex therapy, trauma/PTSD, and those dealing with minority stress



Jeff Carroll, PhD
St. Louis University
School of Medicine
Fellowship - Behavioral Medicine

Ages 18+: ADD/ADHD, adjustment issues, cancer, depression, family, geriatric, grief, marital, men's development issues, perfectionism issues, personality disorders, relational/attachment issues, stress



Elizabeth DelReal, LMSW, CAADC
Western Michigan University
MSW - Social Work

Ages 16+: Anxiety, co-occurring, depression, PTSD, relationship issues, substance use, geriatric



McKinsey Doolgaard, LMSW
Grand Valley State University
MSW - Social Work

Ages: 17+: Adjustment, anxiety, co-occurring disorders, depression, grief and loss, mood disorders, spiritual issues/support, stress management, substance use disorders, trauma



Heather Holt, LMSW
Grand Valley State University
MSW - Social Work

Ages 18-60: Adjustment disorders, adoption/foster care issues, anxiety, depression, family issues, LGBTQIA+ issues, PTSD, spiritual trauma, trauma



Michael Jansen, PhD
Western Michigan University
PhD - Counseling Psychology

All ages: : ADD/ADHD, adjustment disorders, attachment, family, relational issues, anxiety, autism spectrum disorders, behavioral issues, depression, grief, LGBTQIA+ issues, OCD, perfectionism, psychological testing, stress, trauma



Michael Luce, LMSW
Western Michigan University
MSW - Social Work

Ages 18+: Depression and other mood-related disorders, general anxiety, insomnia, social anxiety, panic disorders



Alicia Mannes, MA, LPC, LMFT
Central Michigan University
MA - Professional Counseling

Ages 18+: Anxiety, depression, DBT, grief, LGBTQIA+, lifestyle medicine, pre-marital and couples counseling, self-harm, spiritual issues, trauma, women's issues

Therapists *(continued)*



Brenna Vernocke, LMSW
Grand Valley State University
MSW - Social Work

All ages: Adjustment disorders, anxiety, ADD/ADHD, depression, behavioral problems, postpartum depression, perinatal mood disorders, sexual abuse, PTSD, trauma



Frank Wamsley, LMSW
University of Cincinnati
MSW - Social Work, Children
& Families

Ages 5-25: ADD/ADHD, adjustment issues, anger management, anxiety, behavioral problems, DBT, depression, developmental disabilities, LGBTQIA+ support, parenting support, PTSD, relationship issues, school problems, stress management, trauma



Staci Wolters, LMSW
Grand Valley State University
MSW - Social Work

Ages 18+: Anxiety, depression, ADD/ADHD, adjustment disorders, behavioral problems, PTSD, trauma and relationship issues, geriatric

For additional copies of this referral guide, please contact (616) 355-3926

HOLLAND HOSPITAL BEHAVIORAL HEALTH SERVICES

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