

Breastfeeding Connection

Support and education for nursing mothers

Becoming a new parent is both exciting and filled with responsibility. As a new parent, you want to provide your baby with the best nutrition possible. Breastfeeding is known to be the best way to supply important nutrients. Our board certified lactation consultants are here to help ensure successful breastfeeding for you and your baby.

- Designed for moms and their 0-8 week old babies.
- Lactation consultants will be present.
- Scale will be available to check your baby's weight if desired.
- If additional assistance or support is necessary, appointments can be scheduled through the lactation office.
- Support group will not meet on holidays and when Holland Public School is not in session due to inclement weather.
- Please visit hollandhospital.org to confirm support group schedule and to be aware of additional updates and details.

DUE TO COVID-19

- Please follow social distancing guidelines
- We are only able to accommodate mothers and their babies at this time, no additional family members
- All participants will be screened upon entry and required to wear a mask

Thursdays 1 - 2:30 pm

The July 23 class will be held
on July 22

**Holland Hospital
Conference Rooms**

Please check the conference room
monitor for room number.

**No fee. No registration.
Drop-ins welcome.**

If you have questions,
please call (616) 394-3269.